

THE GREEN BERETS

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Music: The Ballad Of The Green Berets
CD Album: The Ballads Of The Green Berets, Track 1
Available as a single download from amazon.com
Time/Speed: Time @ MPM: 2:28 @ 42 as downloaded
Footwork: Opposite unless indicated (Woman's footwork in parentheses)
Rhythm/Phase: Two Step Phase II
Degree of Difficulty: EASY
Sequence: INTRO A B C B C B END

MEAS: INTRODUCTION

1-4 BFLY MAN FACING PARTNER & WALL WAIT 2 MEASURES ; ; APART POINT ; TOGETHER TOUCH SCP ;

- 1-2 {WAIT} {WAIT} BFLY M fcg ptr & WALL wait 2 measures ; ;
- 3 {APT PT} Bk L trng 1/8 LF, -, pt R to DLW, - (W Bk R trng 1/8 RF, -, pt L to DLC, -) ;
- 4 {TOG TCH SCP} Rec R, trng 1/8 RF to fc ptr, tch L to R, blend to SCP (W Rec L, trng 1/8 LF, tch R to L, blend to SCP) ;

PART A

1-4 2 FORWARD TWO STEPS ; ; STRUT 4 ; ;

- 1 {FWD TS} Fwd L, cl R, fwd L, - (W Fwd R, cl L, fwd R, -) ;
- 2 {FWD TS} Fwd R, cl L, fwd R, - (W Fwd L, cl R, fwd L, -) ;
- 3 {STRUT 4} Fwd L, -, fwd R, - (W Fwd R, -, fwd L, -) ;
- 4 Fwd L, -, fwd R, - (W Fwd R, -, fwd L, -) ;

5-8 LACE ACROSS ; FORWARD TWO STEP ; LACE BACK ; FORWARD TWO STEP TO CP WALL ;

[Optional Cue: LACE UP ; ; ; TO CP WALL ;]

- 5 {LC ACRS} With M's L & W's R hnds jnd & passing bhd W moving DIAG acrs LOD fwd L, cl R, fwd L ending in LOP LOD, - (W Passing in front of M under jnd hnds & moving DIAG acrs LOD fwd R, cl L, fwd R ending in LOP LOD, -) ;
- 6 {FWD TS} Fwd R, cl L, fwd R, - (W Fwd L, cl R, fwd L, -) ;
- 7 {LC BK} With M's R & W's L hnds jnd & passing bhd W moving DIAG acrs LOD fwd L, cl R, fwd L ending in OP LOD, - (W Passing in front of M undr jnd hnds & moving DIAG acrs LOD fwd R, cl L, fwd R ending in OP LOD, -) ;
- 8 {FWD TS TO CP WALL} Fwd R, cl L, fwd R, trng to fc ptr & blend to CP WALL (W Fwd L, cl R, fwd L, trng to fc ptr & blend to CP COH) ;

9-12 TRAVELING BOX ; ; ; ; [MAY BE DONE WITH TWIRL]

- 9 {TRAV BOX [W/ TWRL OPTION]} Sd L, cl R, fwd L, - (W Sd R, cl L, bk R, -) ;
- 10 Trng to RLOD SCP w/ M's L & W's R hnd jnd wlk fwd R, -, fwd L [may lead W to twrl undr jnd lead hnds], - (W Trng to RLOD SCP wlk fwd L, -, fwd R, [may trng 3/4 LF under jnd hnds]) ;
- 11 Blending to CP WALL sd R, cl L, bk R, - (W blending to CP COH sd L, cl R, fwd L, -) ;
- 12 Blend to SCP LOD fwd L, -, fwd R to SCP LOD, - (W blend to SCP fwd R, -, fwd L to SCP LOD, -) ;

13-16 CIRCLE AWAY 2 TWO STEPS ; ; MARCH TOGETHER 4 TO BFLY ; ;

- 13 {CIRC AWY 2 TS} Separating from ptr & moving awy fwd L, cl R, fwd L, - (W Separating from ptr & moving awy fwd R, cl L, fwd R, -) ;
- 14 Cont moving awy fwd R, cl L, fwd R trng to fc ptr, - (W Cont moving awy fwd L, cl R, fwd L trng to fc ptr, -) ;
- 15 {MARCH TOG 4} Fwd L, -, fwd R, - (W Fwd R, -, fwd L, -) ;
- 16 Fwd L, -, fwd R, blend to BFLY WALL (W Fwd R, -, fwd L, blend to BFLY COH) ;

PART B

1-4 VINE 3 TOUCH ; WRAP ; UNWRAP ; CHANGE SIDES TO OP RLOD ;

- 1 {VIN 3 TCH} Sd L, XRib, sd L, tch R to L (W Sd R, XLib, sd R, tch L to R) ;
- 2 {WRP} Sd R keeping hnds jnd bring trailing hnds down to waist level between ptrs while bringing lead hnds up and between ptrs to start W into LF trn, cl L contg to lead W in LF trn, sd R bringing lead hnds down to chest level, tch L to R (W Sd L trng LF 1/4, cl R trng LF 1/8, sd L trng LF 1/8 to fc WALL, tch R to L) ;
- 3 {UNWRP} Sd L cont to hold trailing hnds while releasing lead hnds to start W into RF trn, cl R contg to lead W in RF trn, sd L, tch R to L to OP fcg ptr & WALL (W Sd R trn 1/4 RF, cl L trn 1/8 RF, sd R trn 1/8 RF, tch L to R to OP fcg ptr & COH) ;
- 4 {CHG SDS TO OP LOD} Raising trailing hnds fwd R trng 1/4 RF crossing in bk of W, cl L, fwd R to OP RLOD, tch L to R (W Fwd L trng 1/4 LF under trailing hnds in front of M, cl R, fwd L to OP RLOD, tch R to L) ;

5-8 VINE APART & TOGETHER TO BFLY COH ; ; BOX ; ;

- 5 {VIN APT & TOG BFLY} Sd L, XRib, sd L, tch R to L (W Sd R, XLib, sd R, tch L to R) ;
- 6 Sd R, XLib, sd R, trng to BFLY COH (W Sd L, XRib, sd L, trng to BFLY WALL) ;
- 7-8 {BOX} Sd L, cl R, fwd L, - (W Sd R, cl L, bk R, -) ; Sd R, cl L, bk R, - (W Sd L, cl R, fwd L, -) ;

9-12 VINE 3 TOUCH ; WRAP ; UNWRAP ; CHANGE SIDES TO BFLY WALL ;

- 9 {VIN 3 TCH} Sd L, XRib, sd L, tch R to L (W Sd R, XLib, sd R, tch L to R) ;
 10 {WRP} Sd R keeping hnds jnd bring trailing hnds down to waist level between ptrs while bringing lead hnds up and between ptrs to start W into LF trn, cl L contg to lead W in LF trn, sd R bringing lead hnds down to chest level, tch L to R (W Sd L trng LF 1/4, cl R trng LF 1/8, sd L trng LF 1/8 to fc WALL, tch R to L) ;
 11 {UNWRP} Sd L cont to hold trailing hnds while releasing lead hnds to start W into RF trn, cl R contg to lead W in RF trn, sd L, tch R to L OP fcg ptr & COH (W Sd R trn 1/4 RF, cl L trn 1/8 RF, sd R trn 1/8 RF, tch L to R to OP fcg ptr & WALL) ;
 12 {CHG SDS TO BFLY WALL} Raising trailing hnds fwd R trng 1/4 RF crossing in bk of W, cl L, fwd R to BFLY WALL, tch L to R (W Fwd L trng 1/4 LF under trailing hnds in front of M, cl R, fwd L to BFLY COH, tch R to L) ;

13-16 FACE TO FACE & BACK TO BACK ; ; BASKETBALL TURN TO SCP ; ;

- 13 {FC-FC} Sd L, cl R, sd L, trn LF 3/8 (W Sd R, cl L, sd R, trn RF 3/8) ;
 14 {BK-BK} Sd R, cl L, sd R, trn RF 3/8 to fc ptr to BFLY WALL (W Sd L, cl R, sd L, trn LF 3/8 to fc ptr to BFLY COH) ;
 15 {BALL TRN TO SCP} Sd L & check trng 1/4 RF, -, rec R to end fc RLOD, - (W Sd R & check trng 1/4 LF, -, rec L to end fcg RLOD, -) ;
 16 Fwd L & check trng 1/4 RF, -, rec R cont RF trn to end in SCP LOD, - ; (W Fwd R & check trng 1/4 LF, -, rec L cont LF trn to end in SCP LOD, -) ;

PART C**1-4 2 FORWARD TWO STEPS ; ; STRUT 4 TO CP WALL ; ;**

- 1 {2 FWD TS} Fwd L, cl R, fwd L, - (W Fwd R, cl L, fwd R, -) ;
 2 Fwd R, cl L, fwd R, - (W Fwd L, cl R, fwd R, -) ;
 3 {STRUT 4} Fwd L, -, fwd R, - (W Fwd R, -, fwd L, -) ;
 4 Fwd L, -, fwd R, blend to CP WALL (W Fwd R, -, fwd L, blend to CP COH) ;

5-8 2 TURNING TWO STEPS TO WALL ; ; TWIRL VINE 2 ; WALK & FACE CP WALL

- 5 {2 TRNG TS} Sd L, cl R commence RF trn, sd & bk L acrs LOD comp 1/2 RF trn, - (W Sd R, cl L commence RF trn, fwd R comp 1/2 RF trn, -) ;
 6 Sd R, cl L commence RF trn, fwd R comp 1/2 RF trn to CP WALL, - (W Sd L, cl R commence RF trn, sd & bk L acrs LOD, comp 1/2 RF trn to CP COH) ;
 7 {TWRL VIN 2} M's L & W's R hnd jnd sd L, -, XRib, - (W Sd & fwd R trng 1/2 RF undr jnd hnds, -, sd & bk L trng 1/2 RF, -) ;
 8 {WLK & FC CP WALL} Sd & fwd L, -, fwd R trng to fc ptr, blend to CP WALL (W Sd & fwd R, -, fwd L trng to fc ptr, blend to CP COH) ;

9-12 LEFT TURNING BOX ; ; ; ;

- 9 {L TRNG BOX} Sd L, cl R, fwd L, trn 1/4 LF (W Sd R, cl L, bk R, trn 1/4 LF) ;
 10 Sd R, cl L, bk R, trn 1/4 LF (W Sd L, cl R, fwd L, trn 1/4 LF) ;
 11 Sd L, cl R, fwd L, trn 1/4 LF (W Sd R, cl L, bk R, trn 1/4 LF) ;
 12 Sd R, cl L, bk R, trn 1/4 LF CP WALL (W Sd L, cl R, fwd L, trn 1/4 LF CP COH) ;

13-16 HITCH APART ; SCISSORS THRU TO BFLY ; OPEN VINE 4 TO BFLY ; ;

- 13 {HTCH APT} Bk L, cl R, fwd L, - (W Bk R, cl L, fwd R, -) ;
 14 {SCIS THRU TO BFLY} Sd R, cl L, trng 1/4 LF thru R, trng 1/4 RF to fc ptr in BFLY (W Sd L, cl R, trng 1/4 RF thru L, trng 1/4 LF to fc ptr in BFLY) ;
 15 {OP VIN 4} Sd L, -, XRib, trng 1/4 RF to LOP RLOD (W Sd R, -, XLib, trng 1/4 LF to LOP RLOD) ;
 16 Trng to fc ptr sd L, -, trng to fc LOD thru R, trng to fc ptr to BFLY WALL (W Trng to fc ptr sd R, -, trng to fc LOD thru L, trng to fc ptr to BFLY COH) ;

REPEAT B**REPEAT C****REPEAT B****END****1+ APART CLOSE ; SALUTE.**

- 1 {APT CL} Bk L, -, cl R, - (W Bk R, -, cl L, -) ;
 + {SALUTE} Sharply raise R hnd to R eyebrow on last beat [Only 1 beat in meas 2]